



National Junior Training Program (NJTP) - BC

Purpose

The National Junior Training Program (BC) is designed to provide additional training support to players that meet the stated criteria and sets the standard for elite performance programs in Western Canada. The support program works in partnership with Tennis BC, clubs, coaches, players and parents to provide players with an opportunity to train in a high performance environment that can provide players with the physical, mental, technical and tactical skill development along with sport science support.

The purpose of the program is to provide athletes with the training and competitive opportunities needed to attain the standards necessary to graduate to the Montreal National Training Centre program, or Top ITF Levels (Top 100).

Customized Support

Support is provided to players, coaches, families, and clubs based on the individual needs of each athlete who meets the selection criteria. The NJTP Head National Coach will work with Tennis BC High Performance Director and personal coaches to determine what is best for their players and athletes. The first question to be asked is “how we can help meet the needs of your athlete?” This customized approach will respect each personal coach and athlete’s specific situation and will provide the support needed to meet the LTAD daily training and competitive guidelines for each stage of development, keeping in mind the stated goals. Meetings with identified player’s academy/coach will take place as a first step followed by a meeting with parents (if necessary) to determine who needs additional support at the NJTP.

Selection Criteria

The following selection criteria will be considered to access training support in the NJTP and will be determined by the NJTP (BC) Head National Coach working in conjunction with Tennis BC’s High Performance Director and Tennis Canada’s High Performance staff and coaching team. The following criteria will be used to help establish an initial list that will be finalized after consulting with personal coaches:

1. Program players include 2005-2010 birth year athletes.
2. A limited number of 2004 and older athletes that have graduated from the program will be able to access training as guest players. This will help provide a transition for these players and act as role models for up and coming players. In addition, a limited number of Alberta High Performance athletes that meet the stated criteria will also be able to access the program on a guest basis and subject to capacity within the program.
3. Players under the age of 14 who are ranked top 5 provincially (BC/AB) and top 30 nationally based on their year of birth will be considered for the program along with the criteria noted below. The rankings are a factor to be considered but may not be the determining factor in the final selections. Players under the age of 12 will be evaluated by their overall (LTAD) competencies, technical/physical/tactical skills and a player’s overall competitiveness, attitude, effort and work ethic. Rankings may also be considered in the selection process.
4. With point 3 in mind, the rankings will be used to create a long list of athletes considered for the program. Competencies outlined in the LTAD model based on age and stage will be heavily considered when determining which athletes will access the support program.
5. In addition, an assessment of each player’s desire/hunger, motivation, work ethic and accountability to be part of a demanding program and a journey towards achieving the stated objectives, will all be factored into final selections and play an important role in the final selections.
6. Graduated athletes will be considered for the transition/graduate program as guest players if they have an ITF ranking are pursuing the ITF/Pro pathway.
7. Lastly, additional players may be affiliated with the program and have periodic access to the program as guests. The focus and priority for these guests will focus predominately on U14 players that meet the above criteria. To be eligible for this support, an athlete’s personal coach must make a request and have a discussion with the NJTP Head National Coach in advance to ensure support is available. The potential athletes also must meet the above criteria to be eligible for this support.



2020-2021 Selected Players

Core Players

- 2005: Alessia Cau, Isabella Asenov, Stewart Aronson
- 2006: Diana Craciun, Gabriella Lindgren, Denny Bao
- 2007: Emma Dong, Havana Kadi, Andy Xu, Eric Wang, Scotty Su, Owen Nguyen
- 2008: Barbara Bulinova, Gary Jiang, Ewan Robertson
- 2010: Joyce Geng

The number days will vary with each player subject to need (1x/week to a maximum of 3x/week). The above list will be reviewed on a quarterly basis to ensure the criteria is adhered and allow for players that may have develop subject to the capacity of the program to deliver this.

Graduate Guest Players

- 2020-21 program: Aaron Pilbart, Danielle Tuhten and Lachlan Robertson
- Drop in training base for Pro and NCAA college graduate players if required i.e. Rebecca Marino, Filip Peliwo, Benjamin Sigouin, Sasha Vagramov, Stacey Fung and others in this situation. Note: this may be on a limited basis or not accessed at all, but this service helps younger players.

NJTP Program Dates and Fees

September 28, 2020 and runs until July 2021. Core player fees will be based on the number of days players participate. Each training day per week equates to \$1,500 to \$1,800 fees for the year depending on the number of days involved in the program.

System Team and Support Available

Club/Academy leader to designate a club coach to be part of “Team” approach in charge of U10/U12 development for club (drive this area with competency and skill development).

- Top priority is the delivery of critical fundamentals related to solid physical development, and the technical completion of full range/variety of shots.
- Delivery of results – criteria and results TBD.
- Include talent recruitment strategies TBD.
- Use technology to meet every two to four weeks with the “Team” (Tennis Canada, Tennis BC, club coaches and leaders - prioritize fundamentals, fitness, technical – share challenges/solutions).
- Team network would over time have honorarium and funding as we rebuild.

Tennis Canada NJTP Head National Coach (Oded) will be available to Mentor Coaches who seek personal growth and development. This Help will be provided based on their request and desire, on and off court, with or without their own players.

Tennis Canada Tennis Development Centre National Coach (Seve) will provide club visits as part of the Tennis Development Centre rewards program to help with your programs and players.

The “Team” of coaches will also be part of stable of Tennis Canada/Tennis BC touring team/coaches that may have opportunities to travel with players on designate tours.